

GRANDMASTER CHO'S SUMMERFESTIVAL 2022

TAEKWONDO

NORD-ODAL

KUNJA TKD



Welcome to Odalen!

It is with great pleasure that we invite you to participate in the Traditional Taekwondo Union summer festival in Odalen! This year, Kunja taekwondo will be the main organizer. The summer festival is open to all taekwondo athletes.

As in previous years, there will be varied training, both themed training in taekwondo but also other styles such as kyongdang, widae taekkyon, judo, grappling, Korean cooking m.m.

We hope many children will come to camp, join the disco, a trip to the farm and lots of exciting workouts. This year, it will also be possible for parents / companions to try Taekwondo at our parent training. No prior knowledge is required here.

Due to the demanding year we have been through, there are mainly instructors and masters from TTU, but also some guest instructors have been invited.

Registration for summer festival from May 1st.

Program

Tuesday July 5th – Arrival for those who wish, accommodation only, no food

Wednesday July 6th – Master and Dan graduation, opening ceremony

Thursday July 7th - Training, group photo, kodanja meeting

Friday July 8th - Training

Saturday July 9th - Training, Korean barbecue, closing ceremony

Sunday July 10th - Training, pack up and leave, see you next year!

Changes in the program may occur

Location and accommodation

The summer festival is organized by Kunja Taekwondo which is located in Nord-Odal. We will be in **Mo sports hall** which has the address **Storsjøveien 7, 2133 GARDVIK**. The schools we are going to sleep at are right next to the hall.

The easiest way to get to the camp is with your own car, but there are trains from Oslo and Gardermoen to Eidsvoll for those who come by plane or train. The bus connection from Eidsvoll to Mo is not optimal, but if there are many who come to Eidsvoll at the same time, specific agreements can be made with Kunja taekwondo about pick-up.

More comprehensive practical information about program, registration, prices, graduation and location can be found on our Summer Festival 2022 page on TTU.no



TRADITIONAL TAEKWONDO UNION

전통태권도회



We want nominations for this year's awards!

Do you have a candidate you want to nominate for one of this year's awards? Do not hesitate to submit! Is to be sent together with reasons ingrid@ttu.no

We want nominations for:

- Club of the year
- Instructor of the year
- Male athlete of the year
- Female athlete of the year



Alternative accommodation: Map over the area

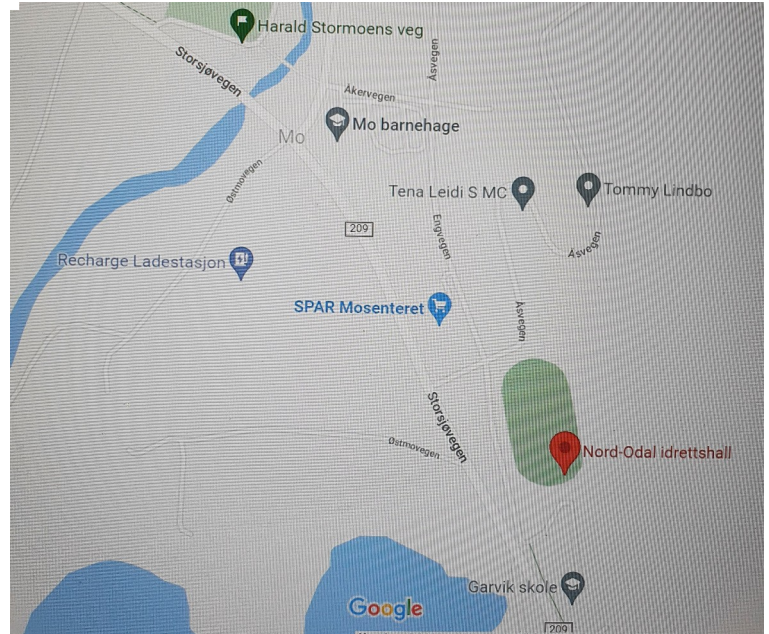
- **Milepelen vertshus**

Address: Bunesveien 19, 2120 Sagstua
Phonenumber: 62 97 01 30
Milepelen.no

- **Slobrua gjestegård**

Address: Slomarka 4, 2100 Skarnes
Phonenumber: 62 80 96 00
Slobrua.no
Tesla supercharger

We recommend early booking.
These are small hotels.



Packing tips

- Dobok and training clothes.
- Sleeping bag and sleeping pad.
- Tent, hammock or caravan if you do not sleep in the classroom.
- Swimwear and sneakers.
- Wooden sword if you have.
- Good mood.
- TTU flag.



As a parent you not only get food and a place to sleep, but also the opportunity to participate in both taekwondo training, qi gong, kyong dang, Korean cooking etc.

We also have a nice forest right behind the school if anyone wants to sleep in a hammock.

